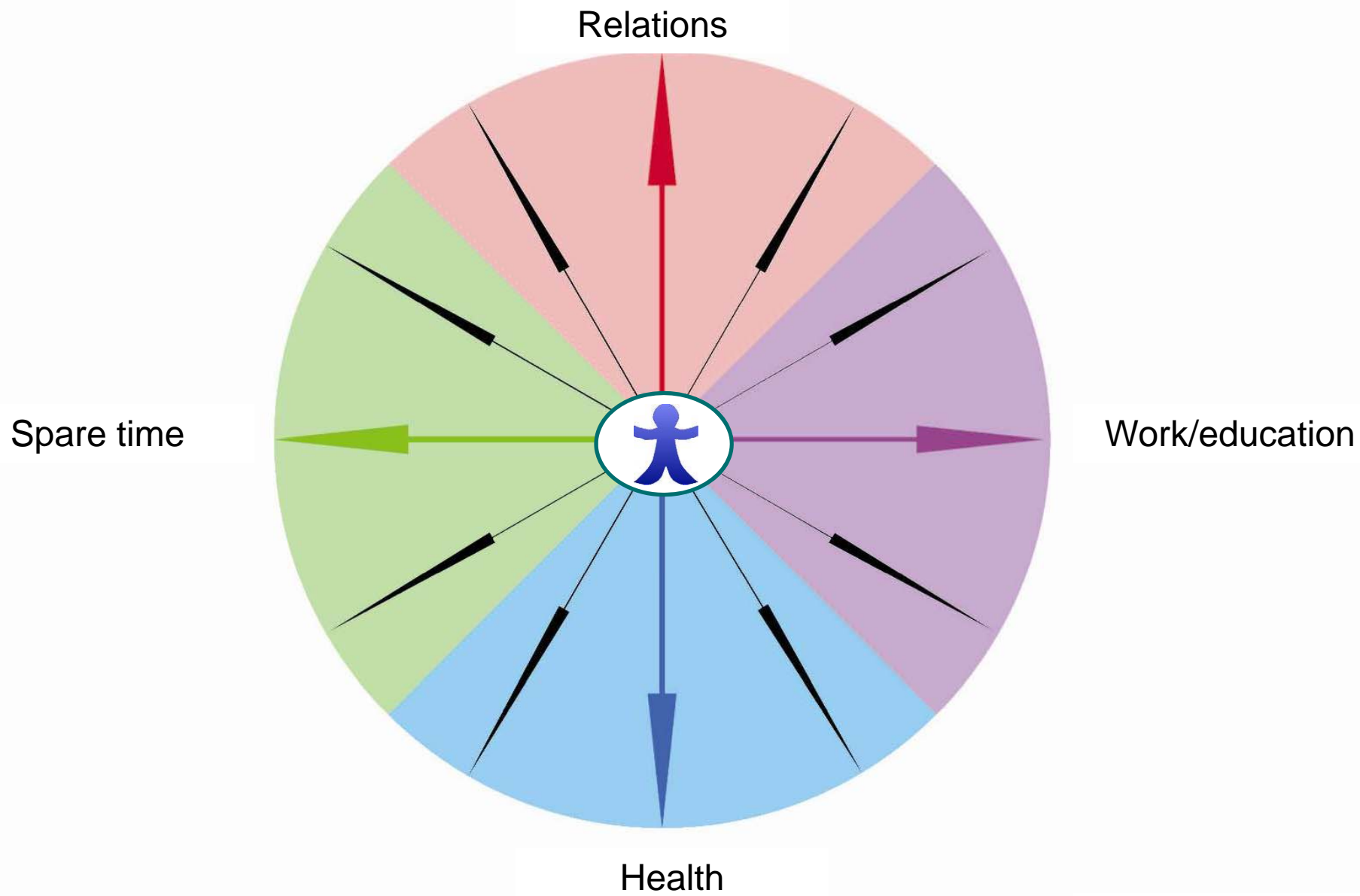


# The Lifecompass



# The Lifecompass

**RELATION**  
Intimate relations

**WORK/EDUCATION**  
Work

Relations

Family

Education

Frinds/social life

Spare time

Work/education

Leisure activities

**HEALTH**

Own time, spirituality

Food

Caring for others/nature

Sleep

Excercise

Health

